

How to Order an At-Home Kit

To participate in a biometric screening, you must register for an account first by visiting **<u>stateoftn.sharecare.com</u>**. Once registered, follow these steps to complete your biometric screening by **Nov. 30, 2025**.

Note: The final day to order an at-home test kit for the 2025 program year is **Nov. 2, 2025.**



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Sign up or log in to your Sharecare account.





per Peer-To-Pee

Navigate to **Achieve**.

Click on the **Programs** tile.



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Click on the **Health Screening** tile to be directed to the Quest site to order an at-home kit. (First time users will see a welcome screen before being directed to the Quest site.)

After reaching the Quest site, if this is the first time this year, you will need to accept the Terms and Conditions and the Sharecare Consent to continue.

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Once on home dashboard under **Wellness Screening**, click on **Order Materials** under Selfcollection to request an at-home kit.

Confirm your mailing address and select **Next**.

9 Once your home kit has been ordered, you will arrive at the **Confirmation** screen with tips on how to prepare once your materials arrive, and step-by-step instructions on how to complete your at-home screening.

o get started, select an appointment method bel	ow.		
Patient Service Center	At a	n Event	
chedule a screening at a nearby Quest Diagnos	tics location. Attend your or	a wellness event at work or ganization.	a location designated by
Schedule a Screening	Mak	e an Appointment >	
hysician Results Form	Self	-collection	
lownload a form that your health provider completes with		Complete your self-collection	
Order Form •	Ora	er Materiałs +	
Review and Confirm	Addres	ss Line 2	
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Concel KS - Kanagas KS - Kanagas Cancel Cancel Cancel Cancel Chank you, ur screening materials will be sent to the address indice Self-collection Materials Sent To: 10010 Renore Bind Lensa, KS 66219 Orders Materials Q209 Return Your Materials By: Thursday, Dec 31, 2029	eted below: Prepare For Your Prink plenty of water prink plenty of water appointment Next Steps 1 Watch the step-by-step.	Materials Continue to take all medications as prescribed by your healthcare provider	Do not est or drink anything, except water, for 9-12 hours prior to the blood test 0.

Have questions? Call 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT or visit sharecare.com/tnwellness/biometric-screenings.

Please note: Your at-home test kit must be ordered and returned in the same program year. If you order an at-home test kit and do not return it within the same year, you will no longer see it as an option to complete your biometric screening in subsequent program years.



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