



**PARTNERS
FOR HEALTH**

 **sharecare**

The program begins on Jan. 1, 2025

Together with Sharecare, Partners for Health has created a wellness experience for our members.

Create a unique health profile

Your secure personalized profile will show you insight into your health risks and habits, with tips on how to improve your wellbeing.

Say hello to the healthiest you

Get support with coaching or guided programs, learn how to lower your RealAge, and keep your mind and body strong with our tools and resources.

Receive fun prizes

Look out for the chance to receive fun prizes by participating in specific wellness activities throughout the year.

The program begins on Jan. 1, 2025.

For more information, call **888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT** or visit **sharecare.com/tnwellness** to learn more.



All employees, spouses, adult dependents and retirees enrolled in medical insurance with Partners for Health are eligible to participate.

To access health coaching or guided programs, you must meet eligibility requirements as set forth by each specific program and/or the Partners for Health Wellness Program to ensure the program is clinically appropriate for you. Please note, you can only participate in one program at a time. You can change programs at any time (if eligible).

Sharecare, Inc. is an independent company that provides health improvement and wellness services for Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.