

Know Your Numbers

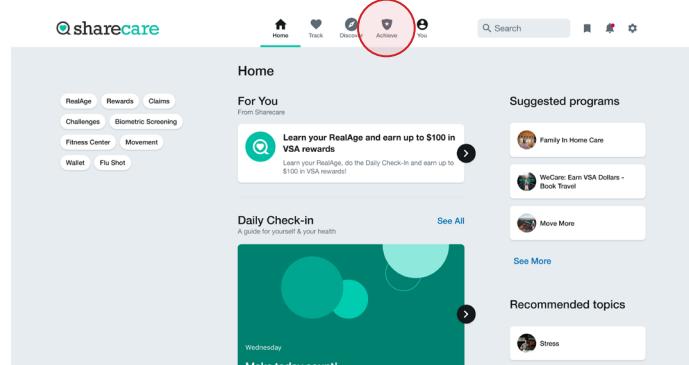
Complete your Biometric Screening

To participate in a biometric screening, you must first register for an account by visiting stateoftn.sharecare.com for instructions. Once registered, follow these steps to **complete your biometric screening by Nov. 30.**

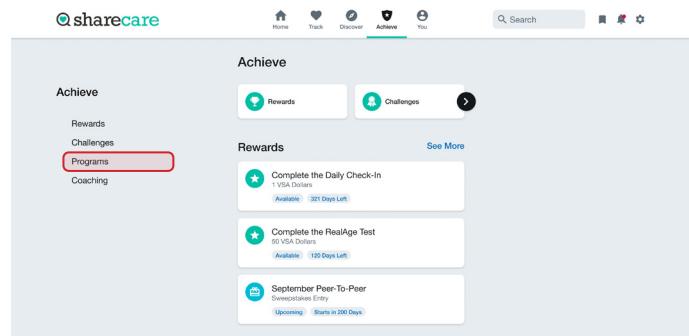
- 1 Sign up or log in to your Sharecare account.



- 2 Navigate to **Achieve**.



- 3 Click on the **Programs** tile.



Complete Your Biometric Screening

4

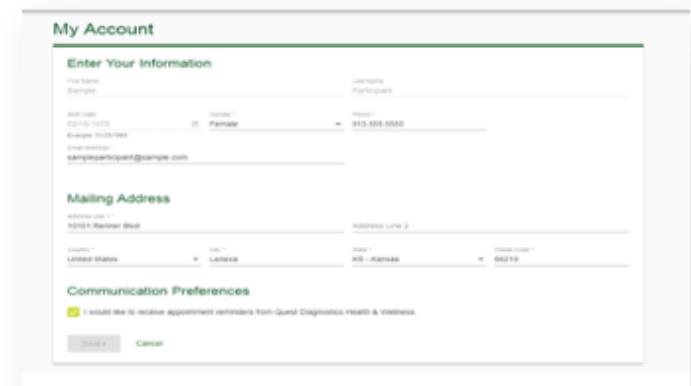
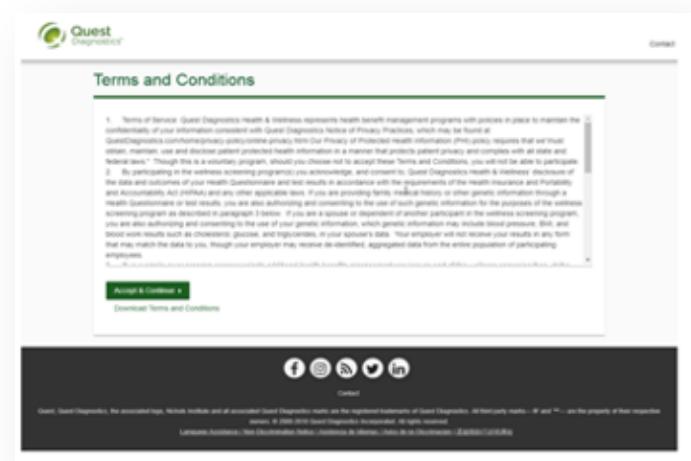
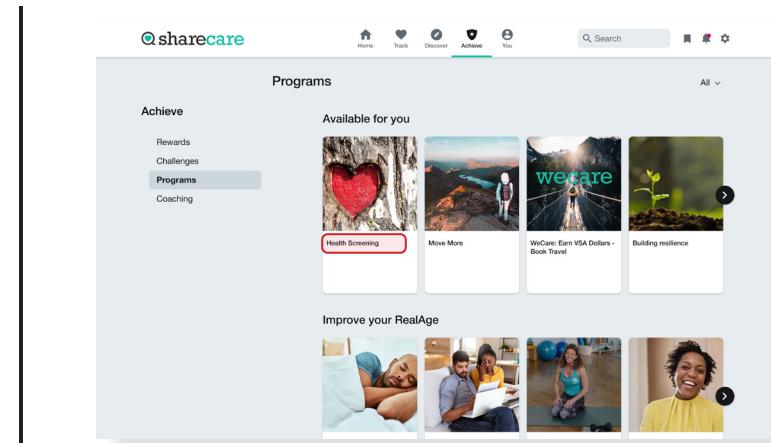
Click on the **Health Screening** tile to be directed to the Quest site.

5

After reaching the Quest site, if this is the first time this year, you will need to accept the Terms and Conditions and the Sharecare Consent to continue.

6

Verify all your information under **Enter Your Information** and **Mailing Address**. Select if you would like to receive appointment reminders from Quest. Click **Save**.



Complete Your Biometric Screening

7

Once on the home dashboard under **Wellness Screening**, click on **Schedule a Screening** if you'd like to schedule an appointment at a Patient Service Center, **Make an Appointment** to attend an onsite screening event, **Order Form** to request a Physician Results Form or **Order Materials** to request an at-home kit.

Wellness Screening

To get started, select an appointment method below:

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

[Schedule a Screening ▶](#)

At an Event

Attend a wellness event at work or a location designated by your organization.

[Make an Appointment ▶](#)

Physician Results Form

Download a form that your health provider completes with your recent test results.

[Order Form ▶](#)

Self-collection

Complete your self-collection

[Order Materials ▶](#)

You will have access to the Quest Diagnostics Health & Wellness site through the Sharecare app. All screenings must be completed by Nov. 30.



Have questions? Call 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT to learn more or visit [sharecare.com/tnwellness/biometric-screenings/](#).



All employees, spouses, adult dependents and retirees enrolled in medical insurance with Partners for Health can complete a biometric screening.

Sharecare, Inc. is an independent company that provides health improvement and wellness services for the Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.