



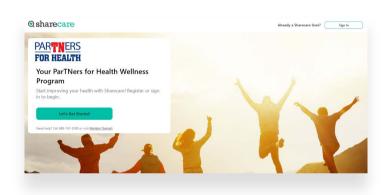
## How to Order an At-Home Kit

In order to participate in a biometric screening, you must register for an account first by visiting **stateoftn.sharecare.com**. Once registered, follow these steps to complete your biometric screening by **Nov. 30, 2024**.

Sign up or log in to your Sharecare account.

2 Navigate to Achieve.

3 Click on the **Programs** tile.



Biometrics ~

2/17/20 >

2/17/20 >

8/19/20 >

11/7/19 >

11/7/19 >

11/7/19 >

Systolic

Diastolic

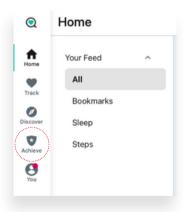
Total Cholesterol

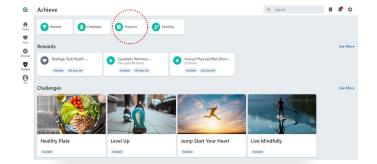
HDL Cholesterol

LDL Cholesterol

Triglycerides

VLDL Cholesterol





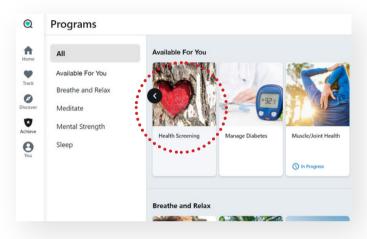
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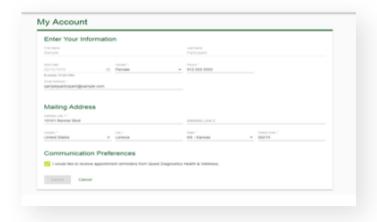
Click on the Health Screening
tile to be directed to the Quest
site to order an at-home kit. (First
time users will see a welcome
screen before being directed to
the Quest site.)

After reaching the Quest site, if this is the first time this year, you will need to accept the Terms and Conditions and the Sharecare Consent to continue.

Verify all your information under
Enter Your Information and
Mailing Address. Select if you
would like to receive appointment
reminders from Quest, Click Save.









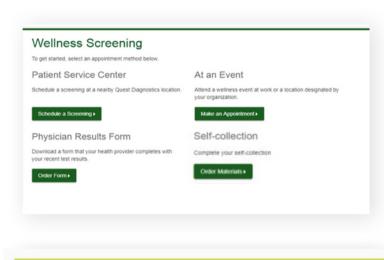


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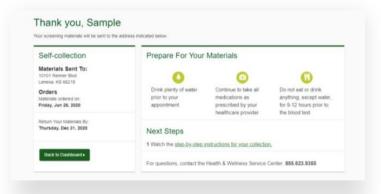


Once on the home dashboard under Wellness Screening, click on Order Materials under Self-collection to request an at-home kit.

- 8 Confirm your mailing address and select **Next.**
- Once your home kit has been ordered, you will arrive at the **Confirmation** screen with tips on how to prepare once your materials arrive, and step-by-step instructions on how to complete your athome screening.







Have questions? Call 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT or visit sharecare.com/tnwellness/biometric-screenings.



Sharecare, Inc. is an independent company that provides health improvement and wellness services for the ParTNers for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.