

# Know your numbers

Complete your biometric screening



All employees, spouses, adult dependents and retirees enrolled in medical insurance with Partners for Health can complete a biometric screening. Learn where your health stands today and where you can make improvements for a healthier future.

## To schedule:

- 1. Register or log into your account at **stateoftn.sharecare.com**.
- Click on Achieve then select the Programs tile.
- 3. Select the **Health Screenings** tile.
- After reaching the Quest site, navigate to the At an Event section under Wellness Screening.
- Click on Make an Appointment to schedule.

#### Date:

# Time:

### Room:

For questions about this event, please contact:

Have questions? Call 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT to learn more or visit sharecare.com/tnwellness/biometric-screenings/.

