



# Start on your path to better health

Learn your RealAge<sup>®</sup> today and join the Sharecare movement to grow younger at [stateoftn.sharecare.com](https://stateoftn.sharecare.com).



## Have questions?

Call Sharecare at **888-741-3390**,  
**Monday - Friday 8 a.m. - 8 p.m. CT**  
to learn more.

- **RealAge:** Reveal your body's true age, what affects it and how to grow younger.
- **Sharecare:** Get personalized insights and accountability to stay on top of your goals.
- **More resources:** Access more tools and support for getting and staying healthy.
- **Plus,** look out for the chance to win fun prizes by participating in specific wellness activities throughout the year!

Available to all employees, spouses, adult dependents and retirees who are enrolled in medical insurance with Partners for Health.

Sharecare, Inc. is an independent company that provides health improvement and wellness services for the Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.