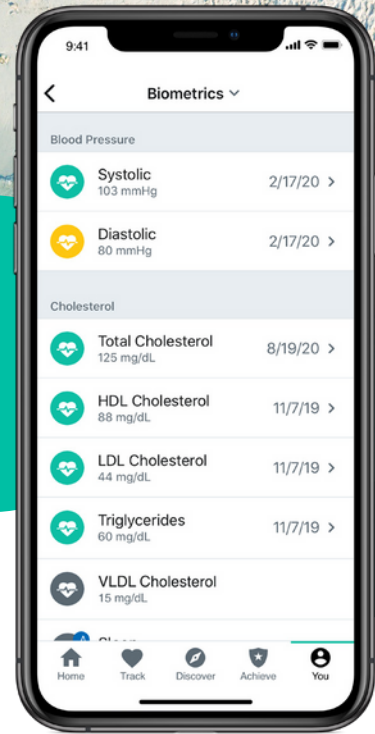


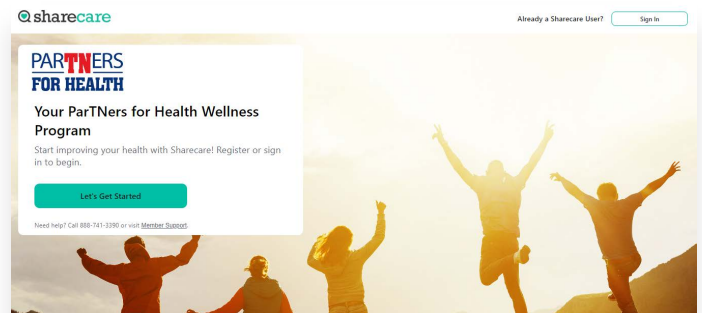
# Know Your Numbers

Complete your Biometric Screening

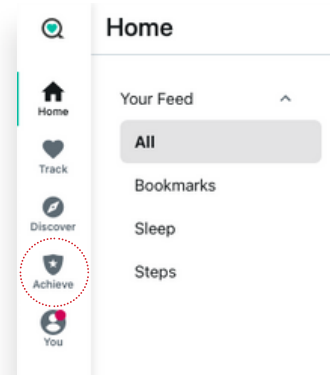
To participate in a biometric screening, you must first register for an account by visiting [stateoftn.sharecare.com](https://stateoftn.sharecare.com) for instructions. Once registered, follow these steps to **complete your biometric screening by Nov. 30, 2024** and earn up to **\$200\***.



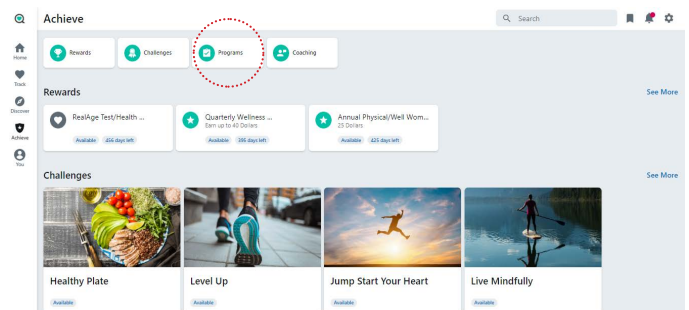
**1** Sign in to your account, or log in to your account through the Sharecare app.



**2** Navigate to **Achieve**.



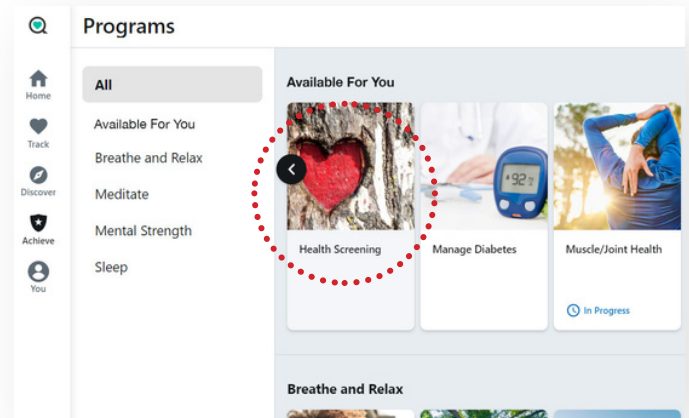
**3** Click on the **Programs** tile.



# Complete Your Biometric Screening



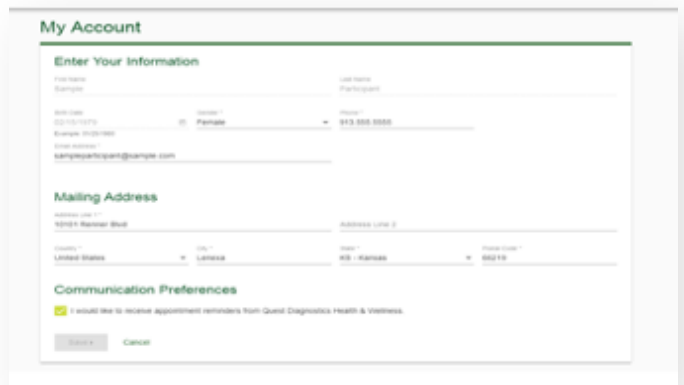
**4** Click on the Health Screening tile to be directed to the Quest site to schedule and/or alter your appointment at an event or Patient Service Center, download a Physician Results Form or request a home-test kit. (First time users will see a welcome screen before being directed to the Quest site.)



**5** After reaching the Quest site, if this is the first time this year, you will need to accept the Terms and Conditions and the Sharecare Consent to continue.



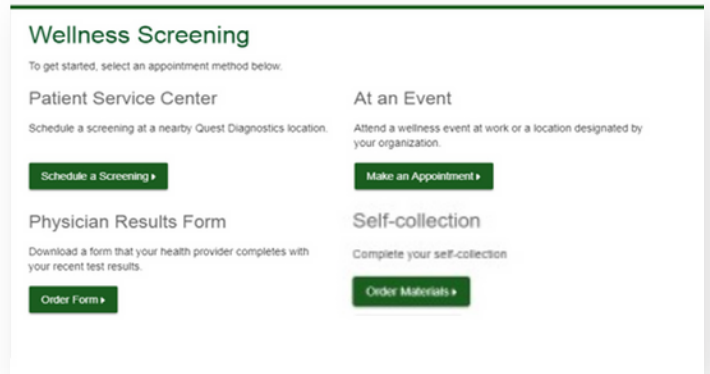
**6** Verify all your information under **Enter Your Information and Mailing Address**. Select if you would like to receive appointment reminders from Quest. Click Save.



# Complete Your Biometric Screening



**7** Once on home dashboard under **Wellness Screening**, click on **Schedule a Screening** if you'd like to schedule an appointment at a Patient Service Center, **Make an Appointment** to attend a wellness event, **Order Form** to request a Physician Screening Form or **Order Materials** to request a home-test kit.



## Incentives:

Employees and spouses, complete your screening by Nov. 30, 2024 to earn \$50. If three out of four biometric screening lab values are in-range, you will earn \$125. If your blood pressure targets are also in-range, you will earn an additional \$25.\*

**Note:** You must complete the **RealAge Test** to earn your incentives. Once logged into your account, visit **You > Your RealAge** to get started.



**Have questions? Call 888-741-3390, Monday - Friday 8 a.m. - 8 p.m. CT to learn more or visit [sharecare.com/tnwellness/biometric-screenings/](https://sharecare.com/tnwellness/biometric-screenings/).**



All employees, spouses, adult dependents and retirees enrolled in medical insurance with Partners for Health can complete a biometric screening.

\*Incentives are available for active state and higher education employees and spouses who are enrolled in medical insurance with Partners for health.

For information on filing an appeal regarding your 2024 incentive credits, visit [sharecare.com/tnwellness/appeals](https://sharecare.com/tnwellness/appeals).

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