

Intensive Diabetes Management Program



Onduo¹ is a virtual care management program that provides personalized support for type 2 diabetes. It helps you stay on top of your blood glucose levels and achieve your health goals, all from the comforts of home.

Benefits

- Learn how food, exercise and medications affect your blood glucose levels
- Receive a blood glucose meter and test strips, at no additional cost to you²
- Access to a mobile app
- Connection between the app and your blood glucose monitoring device to easily track your levels and progress
- Take an A1C test without leaving your house
- Get answers to your questions by messaging the Onduo care team directly in the app
- Access to licensed endocrinology specialists³, if it's determined clinical care is needed

Incentive

Eligible members can **earn up to \$250** when you participate in **Onduo**:

- **Enroll in program:** Complete enrollment in the Onduo program to earn \$25
- **Log activity:** Log your activity at least once per month for 9 months to earn up to \$225 (\$25/month)

Onduo is available to all employees, spouses, adult dependents and retirees who are enrolled in medical insurance with Partners for Health. Eligible members can access Onduo from within the Sharecare app via the **Achieve** section, by selecting **Programs** and then selecting **Condition Management**.



¹ Onduo offers certain care management and coordinated clinical care programs for eligible individuals, as further described in these materials and at onduo.com. Onduo LLC and a network of affiliated professional entities (collectively, "Onduo") collaborate to offer the services. Onduo services are meant to be used in conjunction with regular in-person clinical services and not intended to replace routine primary care.

² Some exclusions may apply.

³ The Onduo app is not intended as a substitute for your primary care physician's guidance. Before making major lifestyle changes, please discuss your treatment plan with your primary care provider.

Individuals pictured are not actual Onduo members.

Incentives are available for active state and higher education employees and spouses who are enrolled in medical insurance with Partners for Health. For information on filing an appeal regarding your 2024 incentive credits, visit sharecare.com/tnwellness/appeals.

To access Onduo, you must meet eligibility requirements as set forth by each specific program and/or the Partners for Health Wellness Program to ensure the program is clinically appropriate for you. Please note, you can only participate in one program at a time. You can change programs at any time (if eligible).

Sharecare, Inc. is an independent company that provides health improvement and wellness services for Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.

