



**PARTNERS
FOR HEALTH**

 sharecare

Coming Jan. 1, 2024!

Together with Sharecare, Partners for Health has created a new wellness experience for our members.

Create a unique health profile

Your secure personalized profile will show you insight into your health risks and habits, with tips on how to improve your wellbeing.

Say hello to the healthiest you

Get support with coaching or guided programs, learn how to lower your RealAge, and keep your mind and body strong with our tools and resources.

Earn up to \$250 each (\$500 household)

Participate in specific wellness activities throughout the year to earn incentives*. Plus, look out for the chance to win other fun prizes along the way!

The new program begins on Jan. 1, 2024.

For more information, visit sharecare.com/tnwellness.



All employees, spouses, adult dependents and retirees enrolled in a medical insurance with Partners for Health are eligible to participate.

*Incentives are available for active state and higher education employees and spouses who are enrolled in medical insurance with Partners for Health.

To access health coaching or guided programs, you must meet eligibility requirements as set forth by each specific program and/or the Partners for Health Wellness Program to ensure the program is clinically appropriate for you. Please note, that you can only participate in one program at a time. You can change programs at any time (if eligible).

Sharecare, Inc. is an independent company that provides health improvement and wellness services for Partners for Health Wellness Program. Information provided by Sharecare is not a substitute for the advice or recommendations of your health care provider.