



Sharecare Diabetes Solution

Clinical Effectiveness and Successful Outcomes

For almost 30 years, a Wisconsin health system partnered with Sharecare to deliver comprehensive diabetes and glycemic management services to its patients. Sharecare supports the infrastructure in hospitals for improving both clinical outcomes and satisfaction, and obtaining/maintaining quality recognition, while simultaneously increasing revenue and maximizing cost savings. Outpatient diabetes management services are deployed to support the Wisconsin Collaborative for Health Care Quality (WCHQ), the American Diabetes Association of Standards of Medical Care and the National Quality Forum for Optimal Diabetes Care. In addition, the outpatient diabetes self-management education program at our partner has been accredited by the American Association of Diabetes Educators.

WCHQ is a multi-stakeholder, voluntary consortium consisting of Wisconsin healthcare organizations and other healthcare stakeholders in its membership. The members use the performance measures to drive improvement efforts and share best-practices across organizations.¹ WCHQ performance measures were designed using national standards as a guideline to help the prevention or reduction of future diabetes-related complications in Wisconsin.

By uniting claims, clinical and patient data, WCHQ is able to track each member across a sophisticated measure set to evaluate both clinical processes and intermediate outcomes. The WCHQ-endorsed measures for testing, screening and control of adult with diabetes include²: A1C Testing, A1C Control, Blood Pressure Control, Kidney Function Monitoring, Tobacco Status is Tobacco Free and Statin Use.

The WCHQ ranked the Sharecare partner #1 out of 23 health systems in the diabetes all-or-none process measure for optimal testing. The measurement required patients to meet both goals: two A1C tests performed and one kidney function test during a 12-month reporting period and/or diagnosis and treatment of kidney disease. Our partner set the benchmark as the top performer by receiving 77.12% of 7,848 patients meeting the optimal testing requirement with values of 8.0% or below. The A1C level is an indication of average blood glucose control over the last several months and is a strong predictor for diabetes complications. A person without diabetes should have an A1C value around 4.0% to 6.0%. The closer the A1C value is to normal, the lower the risk for developing long-term diabetes complications, such as eye, heart or kidney disease.

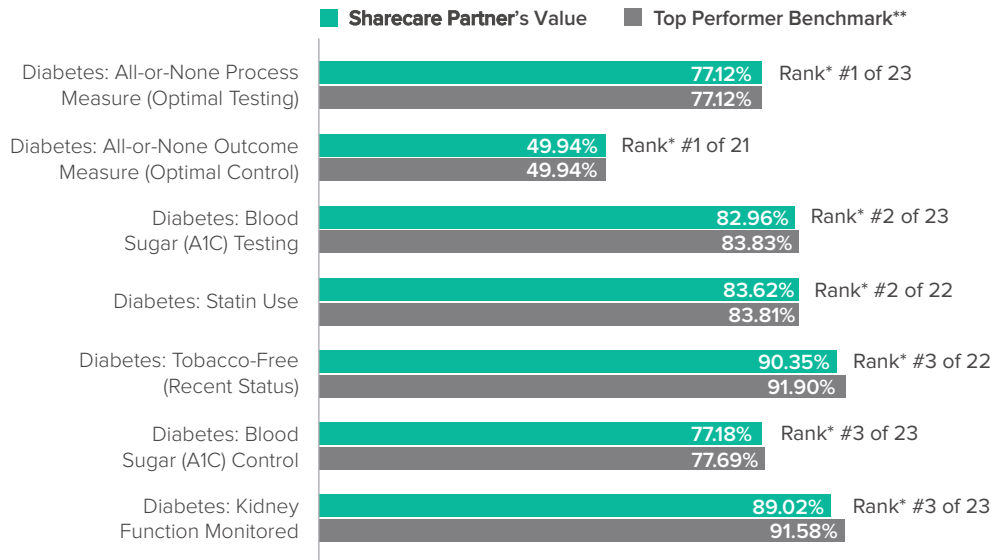
The Sharecare partner health system also ranked #1 among 21 health systems in the diabetes all-or-none process measure for optimal control by achieving a value of 49.94% compliance out of 7,848 patients. Bundled requirements included the most recent A1C test result less than 8.0%, most recent blood pressure measurement less than 140/90 mm Hg, tobacco non-user, daily aspirin or antiplatelet for diabetes patient with ischemic vascular disease (IVD) unless contraindicated, statin use for patients 40 through 75 or

IVD of any age. WCHQ participating organizations had to meet all of the requirements to be considered in this category.

Testing the A1C is one of the best ways to understand how different foods, medications and activities affect a patient’s diabetes control over the past several months. With two or more tests, patients met the A1C testing requirement at 82.96% and ranked the Sharecare partner #2 of 23 health systems. For eligible diabetes patients using statins to control blood cholesterol, our partner ranked #2 of 22 health systems. Below are the complete diabetes-specific chronic care measurements and the associated effectiveness of the partner health system during the Q1-2015 to Q4-2015 reporting period as ranked and valued by WCHQ.

The diabetes program at the Sharecare partner, consistently outperforms other health systems within the area. A1C results show our partner has the best A1C control within the Metro-Milwaukee area & southeastern Wisconsin, ranking third in the state. Bundled optimal control requirement ranks our partner as the best in Wisconsin out of 21 health systems. In the process measure for optimal testing, our partner ranks first out of 23 health systems. As a top performer, Sharecare partner sets the benchmark for all other health systems in achieving clinical effectiveness and successful outcomes for diabetes care.

Sharecare Partner Health System Diabetes Results— Wisconsin Collaborative for Healthcare Quality



* Rank: Based on "Good Control" for A1C Control and LDL Control measures, and to "Two or More Tests" for Blood Sugar (A1C) Testing.

** Benchmark: Applies to "Good Control" for A1C Control and LDL Control measures, and to "Two or More Tests" for Blood Sugar (A1C) Testing. The default benchmark is the top performer.

¹<http://www.wchq.org/index.php>

²http://www.wchq.org/reporting/measures.php?topic_id=11