





The Conversation: Questions to Ask Your Healthcare Team

Good communication with your healthcare team will help you get the most from treatment. Keep a symptom journal. Prepare for your appointments by writing down a list of questions and topics you want to cover. The questions below can help you get started.

 **What are the most important things for me to know about my diagnosis?**

 **What numbers are important for me to know?**
Ask your provider to explain these terms and your test results:

- Glomerular filtration rate (GFR)
- Urine albumin level
- Blood pressure


 **What treatment do you currently recommend?**
Ask these questions for every therapy you are prescribed.

- Why do you recommend this treatment?
- How does this treatment work?
- What is the goal of this treatment?
- How long will I be on this treatment?
- What are the potential side effects?

 **What can I do to prevent damage to my kidneys?**

 **How will C3G affect my day-to-day life?** (For example, work and exercise).

 **Are there other healthcare providers I should be working with?**

 **Will you communicate with my other healthcare providers?**
Ask what you can do to ensure that your primary care provider and any specialists you are seeing are up to date on your diagnosis and treatment.



Can I have copies of my lab reports and pathology reports?



Who can I talk to if I'm concerned about the cost of treatment?



What new symptoms, changes in symptoms, and complications do I need to watch for?

- When do I need to call you?
- When do I need to seek emergency care?



Where can I learn more about C3G?

Your appointment is an opportunity to learn more about your diagnosis. If you have a question, ask. If something isn't clear, ask for an explanation.