



## The Conversation: Topics to Discuss with Your GVHD Care Team

If you develop acute GVHD, the best thing you can do is to continue to work with your healthcare team. Treatment for acute GVHD depends on the symptoms a person is experiencing and the severity of symptoms. Use these topics and questions as a guide when you meet with your healthcare team.

- ❓ What treatments do you recommend at this point in my care?
  - ❓ How do these treatments work to treat GVHD?
  - ❓ What is the risk of side effects? How will treatment affect my immune system?
  - ❓ How do I minimize the risk of infection while treating GVHD?
  - ❓ How long will I be taking this medication?
  - ❓ How will we know if treatment is working? What other options are available if a treatment doesn't work?
  - ❓ Are there other specialists I should be working with?
  - ❓ What can I do to care for my body and my health during treatment?
  - ❓ Contact your healthcare provider if you experience any new symptoms or changes in symptoms.
  - ❓ Contact your healthcare provider if you have a fever—this can be a sign of infection.
  - ❓ Tell your healthcare provider how you feel—including your moods. Recovering from a transplantation and GVHD can both impact mental health.
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