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The Conversation:
Questions to Ask Your Healthcare Team

Good communication with your healthcare team is essential to understanding your diagnosis, understanding your treatment options, and making treatment decisions. Use these questions to help during your appointment.

? What are the most important things I should know about my diagnosis?

- What type of glioma do I have?
- What is the grade of the glioma and what does this mean?
- Where is the glioma located?
- How large is the glioma?
- What additional tests do I need?
- Do you have materials I can read on my own to better understand the diagnosis?
- Should I get a second opinion?

? What treatment approach do you recommend?

- What therapy or combination of therapies do you recommend based on my diagnosis?
- What are the names of each procedure, medication, or other therapy being discussed?
- How do these treatments work? How do different treatments work together?
- What are the goals of this treatment approach?
- What kind of side effects should we expect with this treatment? What can be done to manage side effects?
- What lifestyle changes will I need to make during treatment?
- What will treatment cost? Who can I talk to if I am concerned about the cost of treatment?

- When will treatment need to begin?

- How long will treatment take?

- What other healthcare providers will I work with?

? What will happen after treatment?

- What are the potential long-term risks of this treatment approach? For example, long term impacts on your ability to work, your fertility, or your overall health.

- What will the recovery process be like? What kind of follow-up care will I need? What kind of caregiving and support will I need?

- How will we know if the treatment worked?

- What follow-up exams and tests will I need, and how often?

- What is the risk of recurrence? What are the treatment options for a recurrence?

If you have a question about any aspect of your diagnosis or care, your healthcare providers will be your best source of information.