



The Conversation: Questions to Ask Your Healthcare Team

Good communication with your healthcare team is essential to understanding your diagnosis, understanding your treatment options, and making treatment decisions. Use these questions to help during your appointment.

- ? What are the most important things I should know about my diagnosis?
 - What is causing the myelofibrosis (MF)?
 - What is MF, and how does it affect my bones, blood cells, and health?
 - Is my MF considered high risk or low risk? What do these terms mean?
 - How can MF change over time? What changes do I need to look for?
 - Are there additional tests that can tell us more about my diagnosis?

- ? What treatment do you currently recommend?
 - Why do you recommend this treatment approach?
 - How does this treatment work? What is the goal of this treatment?
 - How will we know if this treatment is working? What will happen if this treatment does not work?
 - Are there potential side effects or risks that I need to know about?
 - What will treatment cost? Who can I talk to if I am concerned about the cost of treatment?

- ? What can I do to get the most out of treatment?
 - What lifestyle changes should I make?
 - How will MF affect normal activities and day-to-day life?



- How often will I need follow-up appointments and exams?
- Where can I learn more about MF?
- Are there resources or specialists you recommend that I work with?

If you have a question about any aspect of your diagnosis or care, your healthcare providers will be your best source of information.

